MISSOUR! DEPARTMENT OF HEALTH AND SENIOR SERVICES. CHRONIC DISEEASE PREVENTION AND HEALTH PROMOTION

## 2003 Health and Preventive Practices Status Report from Missouri County-level Study



	County Prevalence (%)*	Southeast Region Prevalence (%)*	State Prevalence (%)*
G <sub>eneral</sub>			
Health Status (Fair or Poor)	27.3 H	23.2 H	16.9
No Health Coverage	25.4 H	17.5 H	12.8
Behavioral Risk Factors			
Physical Inactivity	40.7 H	30.8 H	24.0
Current Smoker	38.5 H	28.1	26.4
Overweight (BMI 25-29.9)	39.0	36.9	35.3
Obese (BMI ≥ 30)	23.2	26.9	23.4
Disease and Conditions			
High Blood Pressure	35.9	30.1	28.9
High Cholesterol (35 years or older)	37.0	38.2	37.1
Asthma	13.6	12.3	10.8
Diabetes	10.8	7.5	7.2
Activity Limitation	25.9 H	20.6	17.9
Cancer Screening			
Women			
Never had a Mammogram	26.2	20.5 H	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	59.9	58.0	49.4
50-64 years of age	65.5 H	44.8	35.9
65 and older	50.2	52.9	47.4
Never had a Pap Test:			
18-69 years of age	1.6	3.8	5.1
70 and older	11.9	8.2	6.4
No Pap Test in Last Year (18-29)	14.8	23.5	25.8
No Pap Test in Last 3 Years (30-69)	7.1	15.4	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	65.4	63.1 H	57.0
No Blood Stool Test in Last Year	82.0	83.7 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	63.6 H	59.0 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	70.4 H	67.7 H	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Dunklin county were obtained by combining data from Dunklin and Pemiscot counties.